

Second Empire GRAND-PRIX SERIES 2009

SAVE THE DATE

The 2010 Grand Prix Is Starting In the Spring!

- Run for Young • January 9
- Run for the Roses 5K • February 7
- 5K benefitting Special Olympics • February 20
- Cary Distance Festival • March 6
- Run for the Oaks • March 13
- St. Timothy's School Spring Sprint 5K • April 17
- Second Empire 5K Classic • May 2
- Inside-Out Sports Classic Half Marathon • May 16

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330 Hillsborough Street
Raleigh, NC 27603
www.secondempireraceraaleigh.com



Second Empire GRAND-PRIX SERIES 2009

**\$3500 CASH
& PRIZE PURSE**

Door Prizes • Family Fun
ChampionChip Scoring • Post Race Celebrations
Something for everyone, regardless of speed!

www.secondempireraceraaleigh.com

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The 7th Annual Second Empire Grand Prix Series is one of the premier running events in the southeast. It combines eight road races in the Triangle area for competition. All runners competing in each race receive Grand Prix points. Runners accumulating the most points receive money and prizes from our purse of over \$3,500!

HOW DO I REGISTER?

Anyone that enters a Second Empire Grand Prix Series event is automatically registered.

WHO IS ELIGIBLE TO WIN?

Grand Prix points are awarded to all runners; however prize money cannot be given to student athletes.

WHAT ARE THE AGE DIVISIONS?

Overall: The top five male and female runners receive prize money. The top three finishers in each male/female age group receive awards:

12 and under, 13-19, 20-24,
5 year increments through age 74, 75+older

*For purposes of Grand Prix scoring, one's age as of December 12, 2009 will determine one's age division.

GRAND PRIX SCORING:

All finishers earn points regardless of their times or place. This allows runners to compete within their office, neighborhood or with a friendly rival. The men's and women's winners will each earn 1,000 points. Your score will be determined by dividing your time into the winner's time and multiplying by 1000.

For example: The winner of a 5K runs 15:00 and you run 24:00, $(15.0/24.0 = .625 \times 1000 = 625)$. You would receive 625 points. Your total score for the Grand Prix will be the sum of your points from your best six races. If you compete in all 8 events, the two races in which you scored the fewest number of points will be discarded. In order to qualify in the final Grand Prix Series standings, one must run in a minimum of 4 Grand Prix events.

Runners who compete in at least seven of the eight races, regardless of time, will receive a complimentary invitation to the awards banquet and a special gift from our sponsors.

GRAND PRIX AWARDS

Prize money will be offered to the top five male and female point winners and will be distributed as follows:
1st place: \$300 • 2nd place: \$200 • 3rd place: \$125
4th place: \$75 • 5th place: \$50

AWARDS BANQUET

We will celebrate the conclusion of our 7th Annual Second Empire Grand Prix Series in January 2010 at Second Empire Restaurant and Tavern.

GRAND PRIX SCHEDULE 2009

DATE
Sunday,
September 13th

EVENT
The Magnificent Mile
BENEFICIARY
Spastic Paraplegia
Foundation
LOCATION
Raleigh

DATE
Sunday,
September 27th

EVENT
Anna's Angels
10 Miler
BENEFICIARY
Down Syndrome
Research
LOCATION
RTP

DATE
Saturday,
October 10th

EVENT
Triangle Run/Walk
for Autism
BENEFICIARY
The Autism Society
of North Carolina
LOCATION
Raleigh

DATE
Sunday,
October 25th

EVENT
The 5K Run for
Healthier Babies
BENEFICIARY
The March of Dimes
LOCATION
RTP

DATE
Saturday,
November 7th

EVENT
Free to Breathe
Lung Cancer 5K
BENEFICIARY
The N.C. Lung
Cancer Partnership
LOCATION
Raleigh

DATE
Thursday,
November 26th

EVENT
Inside-Out Sports
Turkey Trot 8K
BENEFICIARY
Leukemia &
Lymphoma Society
LOCATION
Cary

DATE
Saturday,
December 5th

EVENT
Jingle Bell 5K Run
BENEFICIARY
The Arthritis
Foundation
LOCATION
Raleigh

DATE
Saturday,
December 12th

EVENT
St. Michael
Jolly Elf Trail Run
BENEFICIARY
St. Michael School
LOCATION
Cary

For race web links and more information visit
www.secondempireracealeigh.com or call Jim Young at 919-873-1207.